

Tower Hamlets GP Care Group CIC  
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London E1 4DG

Tel: 0203 961 8564

Dear Parent

We would like to re-introduce ourselves as your school health team. We work across education and health with the aim of improving the health and wellbeing of children and young people. Poor health is known to impact greatly on a child's education and future outcomes.

As your child is now in year 6, we would like to find out if there are any areas of their health and well being which we could support them with. Please find below a link which will take you to our parent portal, once signed up you will have access to a health assessment questionnaire which you can fill in together.

It's important that once signed up, you keep hold of your Username and password. The parent portal will be used to share information with you regarding your child's health and wellbeing, as well as the results from any health screening. Please see the bottom of this letter to learn more about the portal.

<https://app.schoolscreener.com/Portal/#/Towerhamlets/p/thh33/100962>

In the portal you will also find information about the National Child Measurement Programme (NCMP) which is something that young people in year 6 take part in each year. This information will tell you how you can opt out of this specific programme should you wish to do so. Please see below a direct link to the NCMP Information and opt out.

<https://app.schoolscreener.com/Portal/#/Towerhamlets/p/THncmph66/100962>

Please note, the portal does not work with internet explorer)

Your School health team is made up of qualified School nurses, registered staff nurses, nursery nurses and support workers. We are here to support you with a wide range of subjects such as:

- Worries about yourself or other family members which may impact your school aged child
- Healthy lifestyle
- Body changes and puberty
- Information about other services
- Immunisations
- Support with mental and emotional health and wellbeing
- Stress at home or at school, including bullying
- Poor sleeping patterns
- Behavioural problems
- Parenting support
- Bedwetting/Soiling

Other services and support from the school health team includes:

- [ChatHealth](#) which is a confidential messaging service for young people aged 11-19 to get advice and support about health-related issues. Available Monday to Friday from 9am to 4pm. Click on the link below to find out more. [School Health & Wellbeing ChatHealth \(gpcaregroup.org\)](#)

- Hearing and vision testing for Reception children
- Weighing and measuring in reception and year 6, as part of the National Child Measurement Programme
- Referrals to other health professionals and services
- Support for education staff when a child has a health condition
- Support for pupils with long term health conditions and/or disabilities such as asthma, diabetes or epilepsy. We provide an individual school management plan to keep children with medical conditions safe, well and involved while at school.

The school health team need to collect certain information about children in the schools in order to provide a service which meets the needs of your child.

Any information you give us is treated confidentially and is held securely. The information is used to plan and provide care and support for your child and will not be shared with the school or other children. If you do not wish to share any information with us, please let us know by opting out, this opt out ensures that we do not see your child for screening and any information will not be shared or used with other services.

All information held by the School Health team will only be shared with your consent or where there is another legal basis for sharing. More information is available in the Privacy Notice which can be accessed via the THGPCG website ([www.gpcaregroup.org](http://www.gpcaregroup.org)).

Yours sincerely

The school health team.

For more information about the portal, please watch the following video <https://vimeo.com/442663214>