



English Martyrs Primary School
St Mark Street
E1 8DJ
020 7709 0182
www.englishmartyrs.towerhamlets.sch.uk

We are special people on a journey, growing and learning together in search of excellence, as we follow in the footsteps of Jesus.

Dear Parents/Carers,

8th November 2022

Welcome to the second half of the autumn term. We hope you were able to enjoy the break.

R.E.

Our topic is Trust in God. We will describe how trust in God affected the behaviour of John the Baptist, Mary and Joseph and how it sustained them. We will make links with our own lives and the trust we have in God and how we prepare for the birth of Jesus.

We continue to build upon our R.E provision as advised by the Diocese inspection and appreciate all your support as the children learn about our faith and how it informs our lives and our choices.

RHSE

Our Relationship, Health and Sex Education uses the 'Life to the Full' programme and our topic this half-term will be 'Created and Loved by God'.

You can access the lessons via 'The Parental Portal'. <https://www.tentenresources.co.uk/parent-portal/>
username: english-martyrs-e1 password: tower-bridge-28

To help us continue to support your children's emotional health and well-being, we have introduced 'Zones of Regulation' throughout the school.

PE

PE Kits should continue to be worn into school on the day of the lesson. PE kit consists of white t shirt, navy shorts, socks and plain trainers. Navy tracksuits can be worn for outside activities (but please still remember shorts just in case the lesson is indoors.)

This half term, PE will be on Tuesday and Wednesday.

This will be our last half term of swimming lessons and I would like to say how much progress the children have made since Year 3. I know they have enjoyed swimming immensely but this is a budget related decision which will ensure the school can fulfil its provision for next year's Year 4.

Maths

Our focus is addition and subtraction of two, three and four digit numbers using the column method. We will continue to learn multiplication tables to x12 in preparation for the online test in June 2023. The children should all have a Timestables Rockstars account log-in, (the user name and password is the same as Athletics)

Healthy Eating

There is a new menu which is on the school website under 'Useful Information'.

Fire

We will perform Fire on Tuesday 29th November at 9.15 (without the orchestra!) and all parents and friends are welcome to attend. It was a wonderful opportunity to take part at the Barbican and we would like to share the production with you. We are just starting to rehearse but the production should take no more than 30 minutes. The children can wear the costumes they had for the Barbican but if any have been repurposed or put away, we have many costumes at school!

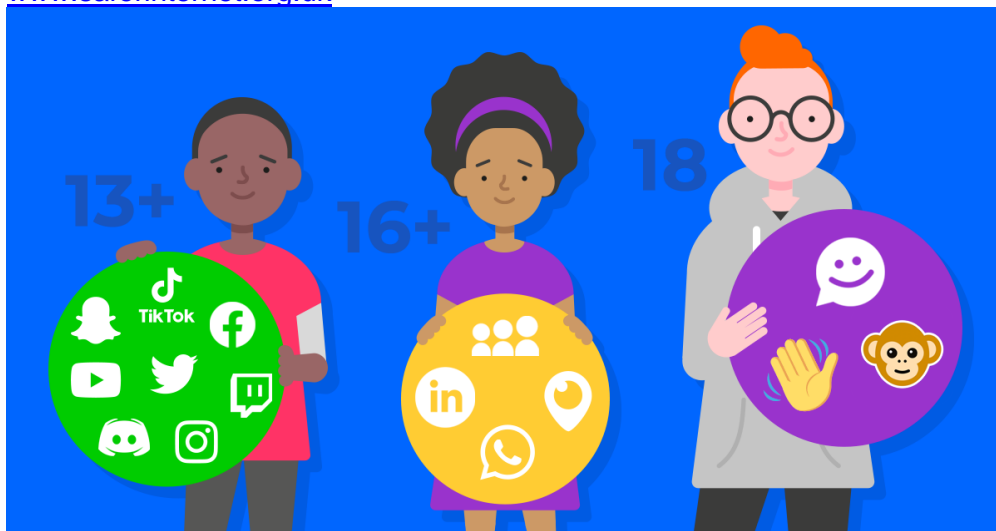
Online safety

As part of safeguarding our pupils, online safety is a priority. All families recently received the Acceptable Use Policy which reminds us all of the correct digital behaviour we should model to the children. All gadgets including mobile phones, tablets and iPads must have the relevant parental controls on them in order to prevent access to inappropriate material. If your child is exposed to any harmful material, it will impact their welfare. Please ensure that your child is only using age-appropriate forms of social media. The age restrictions are in place to protect them and maintain their wellbeing.

As of May 2018, WhatsApp's minimum age of use is 16 years old.

Parents, please also be mindful of what you write on WhatsApp. Refrain from negatively mentioning anyone's name. We all have a duty of care to the school community.

Keep watch of your child's screen time. It is up to us to help children balance their onscreen time and adopt a healthy digital diet. Too much time can have a negative impact on their wellbeing. You can visit www.internetmatters.org for more detailed age-relevant guidelines. For further information on this, visit www.saferinternet.org.uk



Best wishes

Mrs Pannell

Miss Anna