

Summer fun in Tower Hamlets parks

We're looking forward to a summer of fun in parks!

Our summer holiday activities include sports, adventure play, inclusive play sessions (suitable for children and young people with special educational needs and disabilities (SEND) and young people), gardening, fun with food, cooking, art in the park and more!

Nature activities include pond dipping, bird watching, tree walks, bird box making and fishing and canoeing on Victoria Park Lake.

Have a great day out at our family days in parks across the borough.

Have fun on the farm with donkey rides, animal handling, farm tours and build, make and grow.

All activities are FREE and open to all families who live, work or study in Tower Hamlets. There are activities to suit all age ranges from 3 to 18 (25 SEND). Children must be accompanied by adults. You can just turn up to most activities although spaces are limited. Some activities require [advance booking](#).

Supported by Young Tower Hamlets.

[Alison Philcock](#) - Information Officer

Parks and Open Spaces Team

(Please note I am on leave from Friday 23 June to Tuesday 11 July - in my absence enquires to [Tyrone George](#) - Park Ranger).