













# CONTRACT CATERING SERVICES LUNCH MENU

Oct 2023 - Apr 2024

Week 1	 Monday 'Planet Earth Day'	 Tuesday 'Street Food Day'	 Wednesday 'Traditional Day'	 Thursday Thailand	 Friday 'Favourites'
Dates	30 Oct - 13 Nov - 27 Nov - 11 Dec - 25 Dec - 08 Jan - 22 Jan - 05 Feb - 19 Feb - 04 Mar - 18 Mar - 01 Apr				
Main	Margherita Pizza with Baked Potato Wedges	Chicken Casserole with Rice	Roast Beef & Potatoes with Yorkshire Pudding & Gravy	Thai Red Chicken Curry with Rice	Cod Fish Fingers with Chips
Vegetarian	Chickpea & Vegetable Tagine with Couscous	Quorn, Basil & Tomato Pasta Bake	Vegetable Hotpot with Roast Potatoes & Gravy	Thai Veggie Meatballs with Rice	Vegetable Fingers with Chips & Homemade Tomato Sauce
On the side	Sweetcorn & Peas	Broccoli & Carrots	Roasted Root Vegetables	Vegetable Medley & Sweetcorn	Peas & Baked Beans
Salads	Grated Carrots & Sultanas Salad	Cauliflower & Coriander Salad	Chef's House Salad	Sweet Chilli, Tomato & Basil Salad	Crunchy Coleslaw
Dessert	Cheese & Crackers with Grapes & Apple Wedge	Fruity Yoghurt Bar	Homemade Cheese Twist	Mango Fruit Fool	Fruit Salad with Yoghurt
DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts					

Week 2	 Monday 'Planet Earth Day'	 Tuesday 'Street Food Day'	 Wednesday 'Traditional Day'	 Thursday French	 Friday 'Favourites'
Dates	06 Nov - 20 Nov - 04 Dec - 18 Dec - 01 Jan - 15 Jan - 29 Jan - 12 Feb - Feb - 11 Mar - 25 Mar - 8 Apr				
Main	Macaroni Cheese	Curried Beef Meatballs with Savoury Rice	Roast Chicken & Potatoes with Yorkshire Pudding & Gravy	Beef Bourguignon with Rice	Cod Fish Fingers with Chips
Vegetarian	Jacket Potato with BBQ Beans	Vegan Sausage Roll with Baked Potato Wedges	Creamy Tomato Pasta	Spinach, Pepper & Caramelized Onion Quiche with Provencal Potato	Crunchy Vegetable Nuggets & Sweet Chilli Sauce with Chips
On the side	Green Beans & Sweetcorn	Curried Roasted Cauliflower & Peas	Broccoli & Carrots	Ratatouille & French Beans	Peas & Baked Beans
Salads	Carrots & Cucumber Ribbons	Asian Noodle Salad	Chef's House Salad	Macedoine of Vegetable Salad	Crunchy Coleslaw
Dessert	Cheese & Crackers with Grapes & Apple Wedge	Fruity Yoghurt Bar	Fruity Yoghurt Crunch	Yoghurt with Cinnamon & Vanilla Pear	Fruit Salad with Yoghurt
DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts					

Please Note that some dishes maybe subject to local changes to suit individual school needs

**DID YOU KNOW**

## FRENCH COOKING

**Macedoine** is a French cooking term for a mixture of chopped vegetables.

**Beef Bourguignon** is a French stew made with beef, mushrooms and onions.

*Vive la France*



## IMPORTANT INFORMATION:

Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.

Fantastic FOOD IN SCHOOLS



**CONTRACT CATERING SERVICES**  
healthy, honest, good food