### English Martyrs Catholic Primary School



Prayer Book

'Pray then like this...'
Matthew 6:9



Section 1: School Prayers

Mission Prayer

Community Prayer

Morning Prayer

Lunchtime Prayer

Afternoon Prayer

Our Father

Hail Mary

Glory be to the Father

### Prayer of St Eugene de Mazenod The Rosary The Stations of the Cross

Section 2: Prayers by Year Group

**EYFS Class Prayers** 

Year 1 Prayers

Year 2 Prayers

Year 3 Prayers

Year 4 Prayers

Year 5 Prayers

Year 6 Prayers



#### **Mission Prayer**

We are special people on a journey,
Growing and learning together, in search of excellence, as we follow in the footsteps of Jesus.

#### **Community Prayer**

Let us pray for one another, no matter what our culture, nationality, disability or gender, let us all be one in His name,

#### **Morning Prayer**

Oh my God you love me,
You are with me night and day
I want to love you always, in all I do and say
Ill try to please you Father, bless me through the day.

#### **Lunchtime Prayer**

Bless us oh Lord as we sit together
Bless the food we eat today
Bless the hands that make the food
Bless us oh Lord

#### **Afternoon Prayer**

God our Father, I come to say, thank you for your love today
Thank you for my family and all the friends you give to me.
Guard me in the dark of night and in the morning send your light



#### **Our Father**

Our Father who art in heaven
Hallowed be thy name
Thy kingdom come, thy will be done
On earth as it is in heaven.
Give us this day our daily bread
And forgive us our trespasses
As we forgive those, who trespass against us
And lead us not into temptation
But deliver us from evil.

#### **Hail Mary**

Hail Mary, full of grace
The Lord is with thee, blessed art thou among women
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners,
now and at the hour of our death.

#### Glory be to the Father

Glory be to the Father and to the Son and to the Holy Spirit

As it was in the beginning, is now and ever shall be

world without end

#### **Stations of the Cross**

The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete.

The Stations of the Cross are commonly found in churches as a series of 14 small icons or images. They can also appear in church yards arranged along paths. The stations are most commonly prayed during Lent on Wednesdays and Fridays, and especially on Good Friday, the day of the year upon which the events actually occurred.

https://www.youtube.com/watch?v=wW1t7M8HKT8&list=PL58g24NgWPlz8ajwy88V\_FBcJTB61w5Gk

**Opening Prayer** 

1st Station: Jesus is condemned to death

2nd Station: Jesus carries His cross

3rd Station: Jesus falls the first time

4th Station: Jesus meets His Mother

5th Station: Simon of Cyrene helps Jesus to carry his cross

6th Station: Veronica wipes the face of Jesus

7th Station: Jesus falls the second time

8th Station: Jesus meets the women of Jerusalem

9th Station: Jesus falls a third time

10th Station: Jesus clothes are taken away

11th Station: Jesus is nailed to the cross

12th Station: Jesus dies on the cross

13th Station: The body of Jesus is taken down from the cross

14th Station: Jesus is laid in the tomb



#### The Rosary

#### The Joyful Mysteries

- 1. The Annunciation
  - 2. The Visitation
- 3. The Birth of Our Lord
  - 4. The Presentation
- 5. Finding Jesus in the Temple

#### The Luminous Mysteries

- 1. Jesus' Baptism in the Jordan
  - 2. The Wedding at Cana
- 3. The Proclamation of the Kingdom of God
  - 4. The Transfiguration
  - 5. The Institution of the Eucharist

#### **The Sorrowful Mysteries**

- 1. The Agony in the Garden
- The Scourging at the Pillar
- 3. The Crowning with Thorns
- The Carrying of the Cross
  - 5. The Crucifixion

#### The Glorious Mysteries

- 1. The Resurrection
- 2. The Ascension
- 3. The Coming of the Holy Spirit
  - 4. The Assumption of Mary
  - 5. The Crowning of Our Lady

#### How to Pray the Rosary



- 1. Hold the crucifix: 'In the name of the Father and of the Son and of the Holy Spirit'.
- 2. On the first bead: one Our Father...
- 3. On the three grouped beads: one Hail Mary on each bead
- 4. On the next single bead: Glory be to the Father...

#### The first mystery

5. Announce the first mystery. E.g. the first luminous mystery is the baptism of Jesus. On the same single bead, one Our Father.

#### Move on to the loop of beads

- 6. On the first set of ten beads: one Hail Mary on each bead
- 7. Pause and reflect on the first mystery
- 8. On the single bead: one Glory be to the Father...

#### The second to the fifth mysteries

Announce the mysteries one at a time and repeat the pattern of:

One Our Father

Ten hail Marys

One Glory be to the Father

Until you have reflected on all five mysteries.



#### **EYFS Class Prayers**

- The Sign of the Cross
  - Morning Prayer
  - Lunchtime Prayer
  - Afternoon Prayer
    - The Hail Mary



The Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit

Amen

#### Morning Prayer

Oh my God you love me, You are with me night and day I want to love you always, in all I do and say Ill try to please you Father, bless me through the day.

Lunchtime Prayer

Bless us oh Lord as we sit together Bless the food we eat today Bless the hands that make the food Bless us oh Lord

Afternoon Prayer

God our Father, I come to say, thank you for your love today Thank you for my family and all the friends you give to me. Guard me in the dark of night and in the morning send your light

Hail Mary

Hail Mary, full of grace The Lord is with thee, blessed art thou among women And blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God Pray for us sinners, now and at the hour of our death.

#### EYFS Class Hymn -All Things Bright and Beautiful



**Chorus:** All things bright and beautiful, all creatures great and small

All things wise and wonderful, the Lord God made them all

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Each little flower that opens, each little bird that sings He made their glowing colours, he made their tiny wings

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The purple headed mountain, the river running by The sunset and the morning that brightens up the sky.

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The cold wind in the winter, the pleasant summer sun The ripe fruits in the garden, He made them every one

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The tall trees in the greenwood, the meadows for our play

The rushes by the water, to gather every day.

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He gave us eyes to see them and lips that we may tell How great is God Almighty, who has made all things well.

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#### Year 1 Class Prayers

- Glory Be to the Father
  - Our Father

The Order of the Mass-Greeting: The Lord be with you.

And with your spirit

Penítential Act: Lord have mercy **Christ have mercy** Lord have mercy

#### Glory Be to the Father

Glory be to the Father and to the Son and to the Holy Spirit As it was in the beginning, is now and ever shall be, world without end Amen

#### Our Father

Our Father who art in heaven Hallowed be thy name Thy kingdom come, thy will be done On earth as it is in heaven. Give us this day our daily bread And forgive us our trespasses As we forgive those, who trespass against us And lead us not into temptation But deliver us from evil. Amen

#### Yeari Class Hymn - Like a Sea Without a Shore

Like a sea without a shore, love divine is boundless Time is now and evermore and his love surrounds us

Maranatha, maranatha, come Lord Jesus come.

So that we could all be free, he appeared among us, Blest are those who have not seen, yet believe his promise

Maranatha, maranatha, come Lord Jesus come.

All our visions, all our dreams are but ghostly shadows

At the radiant clarity waiting at life's close

Maranatha, maranatha, come Lord Jesus come

Death where is your victory, death where is your sting? Closer than the air we breathe, is our risen King.

Maranatha, maranatha, come Lord Jesus come.



# Year 2 Class Prayers St Francis' Prayer Eternal Rest Act of Contrition

The Order of the Mass - Penítential Act, the Confiteor

Eternal Rest

Eternal rest grant unto them oh Lord

And let perpetual light shine upon them,

May they rest in peace

Amen

Act of Contrition

Oh my God because you are so good, I am very sorry that I have sinned against you

And by the help of your grace, I will not sin again.

#### Amen

#### The Confiteor

I confess to almighty God and to you my brothers and sisters,
That I have greatly sinned, in my thoughts and in my words
In what I have done and in what I have failed to do through my
fault, through my fault, through my own most grievous fault
Therefore I ask blessed Mary ever Virgin all the angels and
saints and you my brothers and sisters to pray for me to the
Lord our God

#### Year 2 Class Hymn - Make Me a Channel of your Peace

Make me a channel of your peace
Where there is hatred let me bring your love
Where there is injury your pardon Lord
And where there's doubt, true faith in you.

Oh master grant that I may never seek, so much to be consoled as to console

To be understood as to understand

To be loved as to love with all my soul

Make me a channel of your peace it is in pardoning that we are pardoned in giving to all that we receive

And in dying that we're born to eternal life.





## Year 3 Class Prayers Act of Sorrow (Contrition) The Joyful Mysteries

The Order of the Mass—the Eucharist

Act of Contrition

Oh my God because you are so good, I am very sorry that I have sinned against you

And by the help of your grace, I will not sin again.

Amen

#### The Eucharist

May the Lord accept the sacrifice from your hands, for the praise and glory of his name

For our good and the good of all his holy Church.

Holy, holy, Holy Lord God of hosts,

Heaven and earth are full of your glory,

Hosanna in the highest

Blessed is he who comes in the name of the Lord,

Hosanna in the highest

Lamb of God, you take away the sins of the world, have mercy on us

Lamb of God, you take away the sins of the world, have mercy on us

Lamb of God, you take away the sins of the world, grant us

peace

#### The Joyful Mysteries

- 1. The Annunciation
  - 2. The Visitation
- 3. The Birth of Our Lord
  - 4. The Presentation
- 5. Finding Jesus in the Temple

Year 3 Class Hymn—my God Loves Me
My God loves me, his love will never end
He rests within my heart for my God loves me.

His gentle hand, he stretches over me Though storm clouds threaten the day, he will set me free.

He comes to me, in sharing bread and wine. He brings me life that will reach, till the end of time.

My God loves me, his faithful love endures.

And I will live like a child held in love secure.

The joys of love as offerings now we bring.

The pains of love will be lost in the praise we sing.



### Year 4 Class Prayers The Prayer of St Eugene de Mazenod The Luminous Mysteries

The Order of the Mass—The Gloria

The Prayer of St. Eugene de Mazenod

I have only one way of drawing near to you and that is in front of the Blessed Sacrament, where I seem to see you...

And you, for your part, must often be in His presence. It is there that we meet each other.

The Luminous Mysteries

- 1. Jesus' Baptism in the Jordan
  - 2. The Wedding at Cana
- 3. The Proclamation of the Kingdom of God
  - 4. The Transfiguration
  - The Institution of the Eucharist

The Gloria

Glory to God in the highest

And on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you

We give you thanks for your great glory.

Lord God, heavenly King, almighty God and Father

Lord Jesus Christ, the only begotten Son

Lord God, Lamb of God, Son of the Father;

You take away the sins of the world have mercy on us,

You take away the sins of the world, receive our prayer

You are seated at the right hand of the Father, have mercy on us

For you alone are holy, you alone are Lord, you alone are the most high Jesus Christ with the Holy Spirit, in the glory of God the Father.

#### Year 4 Class Hymn—Oh Lord all the World Belongs to you

Oh Lord all the world belongs to you

And you are always making all things new

What is wrong you forgive and the new life you give is what's turning the world upside down.

The world's only loving to it's friends

But you have brought us love that never ends

Loving enemies too and this loving with you is what's turning the world upside down.

The world wants the wealth to live in state

But you show us a new way to be great;

Like a servant you came and if we do the same

We'll be turning the world upside down.

This world lives divided and apart
You draw us all together and we start
In your body to see that in fellowship we
Can be turning the world upside down.

Oh Lord all the world belongs to you

And you are always making all things new

Send your spirit on all in your Church whom you call

To be turning the world upside down.



### Year 5 Class Prayers The Sorrowful Mysteries The Apostles Creed

The Sorrowful Mysteries

- 1. The Agony in the Garden
- The Scourging at the Pillar
- 3. The Crowning with Thorns
- 4. The Carrying of the Cross
  - 5. The Crucifixion

The Order of the Mass—The Apostles Creed

The Apostles Creed

I believe in God, the Father Almighty,

Creator of heaven and earth

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died and was buried.

He descended into hell. On the third day he rose again.

He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting.



#### Year 5 Class Hymn - Love is His Word

Love is his word, love is his way, feasting with men, fasting alone, living and dying, rising again, love only love is his way.

Richer than gold is the love of my Lord, better than splendour and wealth.

Love is his way, love is his mark,
Sharing his last Passover feast
Christ at his table, host to the twelve
Love, only love is his mark

Love is his mark, love is his sign
Bread for our strength, wine for our joy,
'this is my body, this is my blood.'
Love, only love is his sign.

Love is his sign, love is his news,
'Do this,' he said, 'lest you forget
All my deep sorrow, all my dear blood
Love, only love, is his news.

Love is his news, love is his name
We are his own, chosen and called
Family, brethren, cousins and kin.
Love, only love is his name.

Love is his name, love is his law.

Hear his command, all who are his:

'Love one another, I have loved you.'

Love, only love, is his law.

Love is his law, love is his word
Love of the Lord, Father and Word
Love of the Spirit, God ever one
Love, only love is his word.





Year 6 Class Prayers
Hail Holy Queen
The Glorious Mysteries
The Magnificat
The Nicene Creed

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope.

To you do we cry, poor banished children of Eve.

To you do we send up our sighs, mourning and weeping in this valley of tears

Turn then, most gracious advocate, your eyes of mercy toward us, and after this exile show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

#### The Glorious Mysteries

- 1. The Resurrection
  - 2. The Ascension
- 3. The Coming of the Holy Spirit
  - 4. The Assumption of Mary
  - 5. The Crowning of Our Lady



The Nicene Creed

I believe in one God, the Father almighty,

maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God,

begotten, not made, consubstantial with the Father;

through Him, all things were made.

For us men and for our salvation

He came down from heaven.

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake, He was crucified under Pontius Pilate,

He suffered death and was buried.

and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in One, Holy, Catholic and Apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. **Amen.** 

#### The Magnificat

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior, for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty. He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children forever. Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.



Year 6 Class Hymn – Magnificat
Refrain: My soul glorifies the Lord,
My spirit rejoices in God, my Saviour
He looks on his servant in her nothingness
Henceforth all nations will call me blessed.

The Almighty works marvels for me, holy his name
His mercy is from age to age on those who fear him. *Refrain* 

He puts forth his arm in strength and scatters the proud-hearted He casts the mighty from their thrones and raises the lowly. *Refrain* 

He fills the starving with good things and sends the rich away empty. He fills the starving with good things and sends the rich away empty. Refrain

He protects Israel his servant remembering his mercy,
The mercy promised to our fathers, for Abraham forever. *Refrain* 

Give glory to the Father almighty, to his Son, Jesus Christ, the Lord To the Spirit who dwells in our hearts, for ever and ever. *Refrain*